

# **BTEC Technical Award in Health & Social Care Level 1 / 2**

Teaching Staff Key Stage 4:

Mrs C Parry

## Inspire

Would you like to work in the care industry or in the NHS? Careers in Health and Social Care can be deeply fulfilling, offering opportunities to make a real difference to the lives and welfare of other people.

About 3 million people work in health and social care. Health care roles include doctors, pharmacists, nurses, midwives and healthcare assistants, while social care roles include care assistants, occupational therapists, counsellors and administrators. Together, they account for nearly one in ten of all paid jobs in the UK. Demand for both health and social care is likely to rise, so they will continue to play a key role in UK society and the demand for people to carry out these vital roles will increase.

## What Does the Qualification Cover?

The Award gives learners the opportunity to develop sector-specific knowledge and skills in a practical learning environment.

The main focus is on three areas, which cover:

- Skills and processes, such as interpreting data to assess an individual's health, and designing a plan to improve their health and wellbeing
- Attitudes, namely the care values that are vitally important in the sector, and the opportunity to practise applying them
- Knowledge that underpins the effective use of skills, processes and attitudes, including human growth and development, health and social care services, and factors affecting people's health and wellbeing.

This qualification builds on and uses the knowledge and skills you are learning in your GCSEs, such as English. It will complement the more theoretical aspects covered by GCSE Biology or GCSE Psychology by allowing you to apply your knowledge and skills practically in a vocational context.

## What can the qualification lead to?

Study of the qualification as part of Key Stage 4 learning will help you to make more informed choices for further learning either generally or in the Health and Social Care sector. The choices that you can make when you leave school will depend on your overall level of attainment and performance in the qualification.

Learners who generally achieve at Level 2 across their Key Stage 4 learning might consider progression to:

- A Levels as preparation for entry into higher education in a range of subjects
- study of a vocational qualification at Level 3, such as a BTEC National in Health and Social Care, which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in aspects of health or social care.

Students who generally achieve at Level 1 across their Key Stage 4 learning might consider progression to:

- Study at Level 2 post-16 in a range of technical routes designed to lead to work, to progression to employment, apprenticeships or to further study at Level 3.
- ● study of health and social care post-16 through a technical certificate. Students who perform strongly in this qualification compared to their overall performance should strongly consider this progression route as it can lead to employment in health or social care.
- Some learners may wish to build on an interest in human growth and development but take it in a different direction (at either Level 2 or Level 3) by studying for qualifications in Early Years education.

### Components

The qualification has three components that focus on the assessment of knowledge, skills and practices. Normally, learners will take this qualification over a two-year period.

<b>Component number</b>	<b>Component title</b>	<b>How assessed</b>	<b>Value</b>
<b>1</b>	Human Lifespan Development	Controlled Assessment	30%
<b>2</b>	Health and Social Care Services	Controlled Assessment	30%
<b>3</b>	Health and Wellbeing	Exam	40%

### Component 1 Human Lifespan Development – Year 10

Students will investigate how, in real situations, human development is affected by different factors and that people deal differently with life events.

#### **Introduction**

How do people grow and develop through their lives? How can factors such as lifestyle choices and relationships affect this? Understanding these processes is essential knowledge and understanding for health and social care practitioners.

In this component, you will study how people grow and develop over the course of their life, from infancy to old age, this includes physical, intellectual, emotional and social development, and the different factors that may affect them. An individual's development can be affected by major life events, such as marriage, parenthood or moving house, and you will learn about how people adapt to these changes, as well as the types and sources of support that can help them.

You will develop transferable skills, such as written communication skills, which will support your progression to Level 2 or 3 vocational or academic qualifications.

During Component 1, you will:

- **explore** how individuals develop physically, emotionally, socially and intellectually over time
- **investigate** how various factors, events and choices impact individuals' growth and development

- **discover** how people adapt to life events and cope with making changes.

## **Component 2 Health and Social Care Services – Year 10**

Students study and explore practically, health and social care services and how they meet the needs of real service users. They also develop skills in applying care values.

### **Introduction**

At some point in your life you will need health care. It is likely that you have already had an appointment with a doctor. If you did, you are described as a 'service user'. This means that you have been given health care from a person who was trained to give you care – they are called 'service providers'. You might know someone who needs social care. This is different from health care, although both types of care are closely linked. People who need social care are not always ill – they may be unable to carry out everyday activities like getting dressed or feeding themselves, or they may need help with their day-to-day lives.

Providing good health and social care services is very important and a set of 'care values' exists to ensure that this happens. Care values are important because they enable people who use health and social care services to get the care they need and to be protected from different sorts of harm.

This component will give you an understanding of health and social care services and will help you develop skills in applying care values that are common across the sector (some of which are transferable to other sectors that involve interactions with clients or customers). This component will help you to progress to Level 1 or 2 vocational or academic qualifications.

During Component 2, you will:

- learn which health and social care services are available
- identify why people might need to use these services
- discover who's involved in providing these services
- explore what might stop people from accessing the services they need
- look at the care values the sector has to make sure people get the care and protection they need.

## **Component 3 – Health and Wellbeing Year 11**

Students will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan.

### **Introduction**

What does being healthy actually mean? It can mean different things to different people: you might think 'healthy' is not having to visit the doctor but an older person might consider it being mobile and able to get out and about, being happy and having friends.

In this component, you look at the factors that can have a positive or negative influence on a person's health and wellbeing. You will learn to interpret physiological and lifestyle indicators, and what they mean for someone's state of health. You will learn how to use this information to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term targets. Additionally, you will explore the difficulties an individual may face when trying to make these changes.

You will develop skills in analysing information and communicating for a specific purpose, which will support your progression to Level 2 or 3 vocational or academic qualifications.

To achieve this aim, you will:

- learn what 'being healthy' means to different people
- explore the different factors that might influence health and wellbeing
- identify key health indicators and how to interpret them
- assess an individual's health using what they've learned
- create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available
- reflect on the potential challenges the person may face when putting the plan into action.

Students have the opportunity to participate in a number of learning opportunities such as a Clinical Simulation Trial at Salford Hope Hospital as well as a visit to Sheffield Hallam University to explore Healthcare pathways and careers post 16. Students also have an opportunity to demonstrate their ability to use care values effectively with a visit to St Georges Day Centre to name but a few of the activities we organise.

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